

2024 Daytona Beach Open

Hosted by ACE Gymnastics of Florida

The Ocean Center

101 N. Atlantic Ave., Daytona Beach FL 32118

Men's Competition Schedule

All Sessions Modified Capitol Cup (Warm-up, Compete)

Saturday, January 27, 2024

Session SA1

Level 4

General Stretch	8:00 AM
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20 Mile, ACE FL, Alpha Omega, EGA Florida, EVO Gymnastics, FGTC, Gold Coast, Golden City, Islands YMCA, Park Avenue, Rad Gymnastics, Sun Country, TGR, TNT, World Class FL

Individual and Team Awards to follow.

Session SA2

Levels 5, 6 & Platinum

General Stretch	11:00 AM
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20 Mile, ACE FL, Alpha Omega, EGA Florida, EPIC, EVO Gymnastics, Gold Coast, Golden City, Gym Force, Gymnastics Charleston, Islands YMCA, Park Avenue, South Miami, Sun Country, TGR, TNT, World Class FL

Individual and Team Awards to follow.

Session SA3

Levels 7 & 8

General Stretch	2:00 PM
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20 Mile, ACE FL, Alpha Omega, EPIC, Gold Coast, Golden City, Gym Force, Gymnastics Charleston, Incline Gymnastics, Islands YMCA, North Crest, Park Avenue, Sun Country, TGR, World Class FL

Individual and Team Awards to follow.

Session SA4

Levels 9, 10 & Gym ACT

General Stretch	5:00 PM
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ACE FL, Alpha Omega, EGA Florida, EPIC, Florida Storm, Gold Coast, Gym Force, Gymnastics Charleston, Incline Gymnastics, Islands YMCA, Park Avenue, Sun Country, TGR, TNT, World Class FL

Individual and Team Awards to follow.

Sunday, January 28, 2023

Session SU1

Levels 3 & Silver

General Stretch	8:00 AM
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20 Mile, ACE FL, EGA Florida, FGTC, Gym Force, South Miami

Individual and Team Awards to follow.

Session SU2

Level 3

General Stretch	10:30 AM
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EVO Gymnastics, Gold Coast, Golden City, Islands YMCA, Rad Gymnastics, Sun Country, TGR, TNT, World Class FL

Individual and Team Awards to follow.