

2026 Daytona Beach Open

Hosted by ACE Gymnastics of Florida

The Ocean Center

101 N. Atlantic Ave., Daytona Beach FL 32118

Men's Competition Schedule

All Sessions Modified Capitol Cup (Warm-up, Compete)

Friday, January 30, 2026

Session FR1	
Level 3 & Silver	
General Stretch	4:00 PM
Competition	4:20 PM
<p>ACE, AWG, EGA, Falcon Gymnastics, Florida Flips, Gym Force, Huntley Unlimited, Naples Progressive, Park Avenue, Rad Gymnastics, South Miami, Sun Country, TGR, Tri-County, World Class</p>	
Individual and Team Awards to follow.	

Saturday, January 31, 2026

Session SA1		Session SA2	
Levels 5, 6 & Platinum		Levels 7 & 8	
General Stretch	8:00 AM	General Stretch	11:00 AM
Competition	8:20 AM	Competition	11:20 AM
<p>ACE, ATB Gymnastics, Dynamic Gymnastics, EGA, EVO, Florida Flips, Gym Force, Huntley Unlimited, Integrity Athletics, Naples Progressive, NTS, Orlando Gymnastics, Park Avenue, Rad Gymnastics, Sun Country, TGR, TNT, Top Contenders, Trousdell, World Class</p>		<p>ABGA, ACE, Amplitude, Arena NJ, ATB Gymnastics, AWG, Dynamic Gymnastics, EDGE Gymnastics, EGA, EVO, Falcon Gymnastics, Integrity Athletics, Naples Progressive, NTS, Orlando Gymnastics, Park Avenue, Sun Country, TGR, Top Contenders, Tri-County, Trousdell, World Class</p>	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Session SA3		Session SA4	
Levels 9 & 10JN		Levels 10JE & Gym ACT	
General Stretch	2:30 PM	General Stretch	6:00 PM
Competition	2:50 PM	Competition	6:30 PM
<p>ACE, Amplitude, APEX Athletics, Arena NJ, ATB Gymnastics, EDGE Gymnastics, EGA, EVO, Falcon Gymnastics, Florida Flips, Integrity Athletics, NTS, Park Avenue, Sun Country, TGR, TNT, Top Contenders, Trousdell</p>		<p>Amplitude, ATB Gymnastics, EGA, EVO, Florida Storm, GA United, Integrity Athletics, KCU, NC Airmen, Park Avenue, Sun Country, Top Contenders, World Class</p>	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Sunday, February 1, 2026

Session SU1		Session SU2	
Level 4 D1		Levels 4D2 & Gold	
General Stretch	8:00 AM	General Stretch	10:15 AM
Competition	8:20 AM	Competition	10:35 AM
<p>ACE, ATB Gymnastics, Dynamic Gymnastics, EVO, Integrity Athletics, Naples Progressive, Orlando Gymnastics, Park Avenue, Sun Country, TGR, Top Contenders, World Class</p>		<p>ABGA, ACE, AWG, Dynamic Gymnastics, EGA, EVO, Gym Force, Naples Progressive, Orlando Gymnastics, Park Avenue, Rad Gymnastics, TNT, Tri-County, Trousdell</p>	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Session SU3	
Level 3	
General Stretch	12:30 PM
Competition	12:50 PM
<p>ABGA, Dynamic Gymnastics, EVO, Integrity Athletics, NTS, Orlando Gymnastics, Sun Country, TNT, Top Contenders, Trousdell</p>	
Individual and Team Awards to follow.	