



**2026 Daytona Beach
Open**
The Ocean Center
101 N. Atlantic Ave.
Daytona Beach, FL 32118
January 30 -February 1, 2026

**ADMISSIONS
CASH ONLY**
1 DAY ADULT (AGE 13+)
\$20.00
1 DAY CHILD (AGES 5-12)
\$15.00
Weekend pass available.

Friday January 30, 2026

Women's Modified Capital Cup Format

Session A1 (85)

Xcel Silver Gymnasts from the following gyms:
Brown's Orbit, Clermont Gym Academy, EVO, Huntley Unlimited, RAD, Riptide, S.E. Elite, Seaside
8:00 am – 8:15 am Stretch
8:25 am – 10:30 am Competition
Individual and Team awards to follow.

Session A2 (91)

Xcel Bronze Gymnasts from the following gyms:
Brown's Orbit, Clermont Gym Academy, EVO, Flight, Huntley Unlimited, Leaps & Bounds, Palm Coast, Riptide,
Seaside, Starlight, TGR
10:30 am – 10:45 am Stretch
10:45 am – 1:00 pm Competition
Individual and Team awards to follow.

Session A3 (73)

Xcel Silver Gymnasts from the following gyms:
ACE, Atlani,ic Wave, Balance 180, CGC, Dynamic Arlington, Fantastic, Flight, Gym Quest,
Leaps & Bounds, NEAG, SKG Elite, TampaBay Turners, WGV
1:00 pm – 1:15 pm Stretch
1:15 pm – 3:15 pm Competition
Individual and Team awards to follow.

Session A4 (90)

Xcel Bronze Gymnasts from the following gyms:
Beaches, Fantastic, FirstCoast, Gym Jester, Rad, Tampa Bay Turners
3:15 pm – 3:30 pm Stretch
3:30 pm – 5:45 pm Competition
Individual and Team awards to follow.

Session A5 (70)

Xcel Silver Gymnasts from the following gyms:
Beaches, First Coast, Gym Jester, Starlight, TGR
5:45 pm – 6:00 pm Stretch
6:00 pm – 8:00 pm Competition
Individual and Team awards to follow



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Saturday January 31, 2026

Women's Modified Capital Cup Format

Session A6 (67)

Xcel Gold Gymnasts from the following gyms:

Atlantic Wave, CGC, Clermont, Desert Thunder, EVO, Fantastic, Flight, Gym Jester, Gym Quest, Leaps & Bounds, NEAG, Palm Coast, Riptide, S.E. Elite, SKG Elite, Seaside, Volusia Academy

8:00 am – 8:15 am Stretch

8:25 am – 10:45 am Competition

Individual and Team awards to follow.

Session A7 (79)

Xcel Gold Gymnasts from the following gyms:

Beaches, Dynamic Arlington, RAD, TGR, Tampa Bay Turners, Top Contenders, WGV

10:45 am – 11:00 am Stretch

11:00 am – 1:45 pm Competition

Individual and Team awards to follow.

Session A8 (86)

Xcel Gold from the following gyms:

Balance 180, Balcony, Brown's Orbit, First Coast, Huntley Unlimited, Starlight

1:45 pm – 2:00 pm Stretch

2:00 pm – 5:00 pm Competition

Individual and Team awards to follow.

Session A9 (54)

All Xcel Diamond

Xcel Platinum Gymnasts from:

Dynamic Arlington, EVO, Flight, Gym Jester, Riptide, Volusia Academy, Wallworth, Williamsburg

5:00 pm – 5:15 pm Stretch

5:15 pm – 8:00 pm Competition

Individual and Team awards to follow.



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Sunday February 1, 2026

Women's Modified Capital Cup Format

Session A10 (64)

Xcel Platinum Gymnasts from:
ACE, Atlantic Wave, Balcony, Coastal, First Coast, Invasion, Show Me, TGR
8:00 am – 8:15 am Stretch
8:25 am 10:45 am Competition
Individual and Team awards to follow.

Session A11 (60)

Xcel Platinum Gymnasts from:
Brown's Orbit, CGC, Clermont, Fantastic, Level Up, Palm Coast, Seaside, TNT Jacksonville,
Tampa Bay Turners, Top Contenders, WGV
10:45 am – 11:00 am Stretch
11:00 am – 1:15 pm Competition
Individual and Team awards to follow.



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Women's Modified Capitol Cup

Session B1 (90)

Level 1, 2, 3 ALL GYMNASTS
9:00 am – 9:15 am Stretch
9:15 am – 12:00 pm Competition
Individual and Team awards to follow.

Session B2 (53)

Level 4 & 5 ALL GYMNASTS

12:00 pm – 12:15 pm Stretch
12:15 pm – 2:30 pm Competition
Individual and Team awards to follow.

Session B3 (62)

Level 6 Gymnasts from:
ACE, Balance 180, Cherry Hill, EVO, First Coast, Flight, Harbor City, Huntley Unlimited,
Tampa Bay Turners Williamsburg

2:30 pm – 2:50 pm Stretch
2:50 pm – 5:30 pm Competition
Individual and Team awards to follow.



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Saturday January 31, 2026

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Session B4 (56)

Level 7 Gymnasts from:

ACE, Balance 180, CGC, Cherry Hill, EVO, First Coast, Flight, Harbor City, Huntley Unlimited,
Leaps & Bounds, Tampa Bay Turners Williamsburg

9:00 am – 9:20 am Stretch
9:20 am – 12:00 pm Competition
Individual and Team awards to follow

Session B5 (60)

Level 8 Gymnasts ALL

12:00 pm – 12:20 pm Stretch
12:20 pm – 3:30 pm Competition
Individual and Team awards to follow.

Session B6 (52)

ALL Sapphire
ALL Level 9 Gymnasts
ALL Level 10 Gymnasts

3:30 pm – 3:50 pm Stretch
3:50 pm – 7:00 pm Competition
Individual and Team awards to follow.



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Women's Modified Capitol Cup

Session B7 (59)

Level 6 Gymnasts from:

Atlantic Wave, Coastal, Darien YMCA, Daves, Dynamic Arlington, KKGK, NEAG, Level Up Gym,
S.E. Elite, Starlight, TGR, Top Contenders, Trousdell, Wallworth

8:00 am – 8:20 am Stretch

8:20 am – 10:30 am Competition

Individual and Team awards to follow.

Session B8 (47)

Level 7 Gymnasts from:

Beaches, Coastal, Darien YMCA, Daves, KKGK, NEAG, Level Up, Palm Coast, S.E. Elite, Starlight,
TGR, Top Contenders, Trousdell, Wallworth

10:30 am – 10:50 am Stretch

10:50 am – 1:00 pm Competition

Individual and Team awards to follow.