

2023 Daytona Beach Open

Hosted by ACE Gymnastics of Florida
The Ocean Center

101 N. Atlantic Ave., Daytona Beach FL 32118

Men's Competition Schedule

All Sessions Modified Capitol Cup (Warm-up, Compete)

Friday, January 27, 2023

Session FR1		Session FR2	
Level 3		Level 3	
General Stretch	12:30 PM	General Stretch	3:00 PM
ACE FL, Boundless Gymnastics, LaFleur's Tampa, Orlando Metro, Rad Gymnastics, SEGA, Sun Country, TNT, Top Flight Tampa, WCG		ABGA, Bayside, EGA Florida, GGA - Suwanee, Gold Coast, Islands YMCA, Panhandle Perfection, Park Avenue, South Miami, TGR, Trousdell	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Session FR3	
Levels 5 & 6	
General Stretch	5:30 PM
ACE FL, Bayside, Boundless Gymnastics, Cartersville, EGA Florida, GGA - Suwanee, Gold Coast, Gymnastics Du Sol, IGC, Islands YMCA, LaFleur's Tampa, Orlando Metro, Park Avenue, South Miami, Sun Country, TGR, Top Flight Tampa, TumbleBees Jupiter, USAGW, WCG	
Individual and Team Awards to follow.	

Saturday, January 28, 2023

Session SA1		Session SA2	
Levels 7 & 8		Levels 9 & 10	
General Stretch	9:00 AM	General Stretch	12:30 PM
ABGA, ACE FL, ACE PA, Bayside, Boundless Gymnastics, Cartersville, EGA Florida, Islands YMCA, LaFleur's Tampa, Panhandle Perfection, Park Avenue, SEGA, Sun Country, TGR, TNT, Trousdell, USAGW, WCG		ACE FL, ACE PA, Cartersville, EGA Florida, Gold Coast, IGC, Islands YMCA, Orlando Metro, Panhandle Perfection, Park Avenue, Sun Country, Trousdell, TumbleBees Jupiter, USAGW, WCG	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Session SA3	
GymACT	
General Stretch	5:00 PM
Arizona State, Florida Storm	
Individual and Team Awards to follow.	

Sunday, January 29, 2023

Session SU1		Session SU2	
Level 4 & Club		Level 4 & Club	
General Stretch	9:00 AM	General Stretch	12:00 PM
Level 4 ABGA, Bayside, EGA Florida, GGA - Suwanee, Gymnastics Du Sol, Islands YMCA, Park Avenue, TGR, Trousdell, TumbleBees Jupiter, USAGW		Level 4 ACE FL, Boundless Gymnastics, Gold Coast, LaFleur's Tampa, Orlando Metro, Rad Gymnastics, SEGA, South Miami, Sun Country, TNT, Top Flight Tampa, WCG	
Club Gymnastics Du Sol, Park Avenue, TGR		Club ACE FL	
Individual and Team Awards to follow.		Individual and Team Awards to follow.	