

2022 Daytona Beach Bash

September 24 – 25, 2022

Daytona Beach Ocean Center Arena
101 N. Atlantic Blvd.
Daytona Beach, Florida

Saturday September 24, 2022

Session 1 (76)

USA Level 1 ALL
USA Level 5 ALL

12:00 pm – 12:20 pm General Stretch

12:20 pm – 12:30 pm Warm up

12:30 pm – 3:00 pm Compete

Individual and Team Awards

Session 2 (54)

USAG Level 2 Large Team

Gymnasts from the following gyms:
ACE, Orlando Gymnastics, Premier,
Tampa Bay Turners, WGV

3:00 pm – 3:20 pm General Stretch

3:20 pm – 3:30 pm Warm up

3:30 pm – 5:00 pm Compete

Individual and Team Awards

Session 3 (66)

USAG Level 2 Small Team

Gymnasts from the following gyms:
ACE-Daytona, Balance 180, Flight, Florida Elite, New
Wave, North Port, Riptide,
Sun Country, UGA-PSL

5:00 pm – 5:20 pm General Stretch

5:20 pm – 5:30 pm Warm up

5:30 pm – 7:00 pm Compete

Individual & Team Awards

Session 4 (60)

USAG Level 3 Large Team

Gymnasts from the following gyms:
Brandy Johnson's, Flight, North Port, Premier,
Tampa Bay Turners

7:00 pm – 7:20 pm General Stretch

7:20 pm – 7:30 pm Warm up

7:30 pm – 9:00 pm Compete

Individual & Team Awards

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Sunday September 25, 2022

Session 5 (55)

USA Level 3 Small Team

Gymnasts from the following gyms:
ACE, ACE-Daytona, Balance 180, Florida Elite,
NewWave, Orlando Gymnastics, Riptide, Sun Country,
USA-PSL, WGV

8:00 am – 8:20 am General Stretch

8:20 am – 8:30 am Warm up

8:30 am – 10:00 am Compete

Individual & Team Awards

Session 6 (68)

USAG Level 4 Large Team

Gymnasts from the following teams:
ACE-Daytona, Brandy Johnson's, MGA, Premier,
Tampa Bay Turners,

10:00 am – 10:20 am General Stretch

10:20 am – 10:30 am Warm up

10:30 am – 12:30 pm Compete

Individual & Team Awards

Session 7 (66)

USAG Level 4 Small Team

Gymnasts from the following teams:
ACE, Balance 180, Flight, Florida Elite, New Wave,
North Port, Orlando Gymnastics, Riptide, Sun Country,
UGA-PSL, WGV

12:30 pm – 12:50 pm General Stretch

12:50 pm – 1:00 pm Warm up

1:00 pm – 3:00 pm Compete

Individual Awards & Team Awards

All sessions are
Modified Capital Cup