

**2021 Daytona Beach Open
February 5 - 7, 2021**

Friday February 5, 2021

Women's Modified Capitol Cup

Session A1

All level 5 Gymnasts

Level 6 Gymnasts from:

Broadway, ConXion, Fantastic, Gallaghers, Golden Isles, Jacksonville Academy, MJEG, Nova
Orlando Gymnastics, Palm Beach, Rad, TGR, TGTC, Taylor, Titanium, Tumblebees, Twisters, Victory

12:00 pm – 12:20 pm Stretch

12:20 pm – 12:30 pm Warm up

12:30 pm – 3:30 pm Competition

Individual and Team awards to follow.

Session A2

Level 6 Gymnasts from:

ACE, EVO, First Coast, Leyva, MJEG, Park Avenue, Starlight, TNT

3:30 pm – 3:50 pm Stretch

3:50 pm – 4:00 pm Warm up

4:00 pm – 6:30 pm Competition

Individual and Team awards to follow.

2021 Daytona Beach Open

February 5 - 7, 2021

Saturday February 6, 2021

Women's Modified Capitol Cup

Session A3

Level 8 Gymnasts from:

360, ACE Daytona, Broadway, Classic, ConXion, Coral Reef, EVO, First Coast, Florida Elite, Higo Elite, Maximum Velocity, MJEG, Orlando Gymnastics, Palm Beach, Palm Coast, Park Avenue, Rad, Show Me, Starlight, TNT, Twisters, Victory

8:00 am – 8:20 am Stretch

8:20 am – 8:30 am Warm up

8:30 am – 11:00 am Competition

Individual and Team awards to follow

Session A4

Level 8 Gymnasts from:

ACE, GymTek, TGR, TGTC, Tumblebees

Level 9 Gymnasts from:

Classic, Show Me, TGTC, Tampa Bay Turners

11:00 am – 11:20 am Stretch

11:20 am – 11:30 am Warm up

11:30 am – 2:30 pm Competition

Individual and Team awards to follow.

Session A5

Level 9 Gymnasts from:

360, ACE, ACE Daytona, Angels, ConXion, Coral Reef, EVO, Flight, Florida Elite, Gym Tek, Jacksonville Academy, Leyva, MJEG, Orlando Gymnastics, Palm Beach, Palm Coast, Park Avenue, Rad, Rising Stars, Startlight, TGR, TNT, Tumblebees, Victory, World Class

2:30 pm – 2:50 pm Stretch

2:50 pm – 3:00 pm Warm up

3:00 pm – 5:30 pm Competition

Individual and Team awards to follow.

Session A6

Level 10 ALL

5:30 pm – 5:50 pm Stretch

5:50 pm – 6:00 pm Warm up

6:00 pm – 8:30 pm Competition

Individual and Team awards to follow.

2021 Daytona Beach Open
February 5 -7, 2021

Sunday February 7, 2021

Women's Modified Capitol Cup

Session A7

Level 7 Gymnasts from:

ACE Daytona, Angels, ConXion, Coral Reef, First Coast, Flight, Golden Isles, Leyva,
Maximum Velocity, MJEG, Palm Beach, Park Avenue, Palm Coast, Rad, TGR, TNT, Taylor, Titanium,
Victory

8:00 am – 8:20 am Stretch
8:20 am – 8:30 am Warm up
8:30 am – 11:00 am Competition
Individual and Team awards to follow.

Session A8

Level 7 Gymnasts from:

ACE, Broadway, EVO, Higo Elite, Jackson's, Nova, Starlight, WGV, World Class

11:00 am – 11:20 am Stretch
11:20 am – 11:30 am Warm up
11:30 am – 2:00 pm Competition
Individual and Team awards to follow.

2021 Daytona Beach Open February 5 -7, 2021

Friday February 5, 2021

Women's Modified Traditional

Session B1

Level 1-4 All Gymnasts

12:00 pm – 12:20 pm Stretch
12:20 pm – 12:30 pm Warm up
12:30 pm – 2:30 pm Competition

Session B2

Xcel Bronze Gymnasts from the following gyms:
Coral Reef, Fantastic, First Coast, Orlando Gymnastics, Titanium

2:30 pm – 2:50 pm Stretch
2:50 pm – 3:00 pm Warm up
3:00 pm – 4:30 pm Competition
Individual and Team awards to follow.

Session B3

Xcel Bronze Gymnasts from the following gyms:
Flight, Florida Elite, Gallagher's, Harbor City, Leyva, Nova, Palm Coast, Starlight, Sun Country, TGR,
TGTC, Tumblebees, Twisters, WGV

4:30 pm – 4:50 pm Stretch
4:50 pm – 5:00 pm Warm up
5:00 pm – 6:30 pm Competition
Individual and Team awards to follow.

2021 Daytona Beach Open

February 5 -7, 2021

Saturday February 6, 2021

Women's Modified Traditional

Session B4

Xcel Silver Gymnasts from the following gyms:
Fantastic, First Coast, Flight, Palm Coast, Starlight, TGR, TGTC, Titanium

8:00 am – 8:20 am Stretch
8:20 am – 8:30 am Warm up
8:30 am – 11:00 am Competition
Individual and Team awards to follow.

Session B5

Xcel Silver Gymnasts from the following gyms:
ACE, Classic Savage, Coral Reef, EVO, Florida Elite, Gallagher's, Gyminators,
Harbor City, Nova, Orlando Gymnastics, Sun Country, TNT, Tumblees, Twisters, WGV

11:00 am – 11:20 am Stretch
11:20 am – 11:30 am Warm up
11:30 am – 2:00 pm Competition
Individual and Team awards to follow.

Session B6

Xcel Gold Gymnasts from:
ACE, Classic Savage, Fantastic, Gallaghers, Gyminators, Harbor City, Leyva, Orlando Gymnastics,
Starlight, Sun Country, TGTC, TNT, Taylor, Tumblebees

2:00 pm – 2:20 pm Stretch
2:20 pm – 2:30 pm Warm up
2:30 pm – 5:00 pm Competition
Individual and Team awards to follow.

Session B7

Xcel Gold Gymnasts from:
EVO, Florida Elite, Jackson's, Nova, Titanium, Twisters, World Class

5:00 pm – 5:20 pm Stretch
5:20 pm – 5:30 pm Warm up
5:30 pm – 7:30 pm Competition
Individual and Team awards to follow.

**2021 Daytona Beach Open
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Sunday February 7, 2021

Women's Modified Capitol Cup

Session B8

Xcel Gold Gymnasts from:
Coral Reef, First Coast, Flight, Palm Coast, TGR, WGV

8:00 am – 8:20 am Stretch
8:20 am – 8:30 am Warm up
8:30 am – 11:00 am Competition
Individual and Team awards to follow.

Session B9

Xcel Platinum Gymnasts from:
ACE, Flight, Florida Elite, Harbor City, Jackson's, Jacksonville, Nova, Palm Coast, Starlight, TGR,
TNT, Tumblees, World Class

11:00 am – 11:20 am Stretch
11:20 am – 11:30 am Warm up
11:30 am – 1:30 pm Competition
Individual and Team awards to follow.

Session B10

Xcel Platinum Gymnasts from:
Classic Savage, Coral Reef, Maximum Velocity, WGV
Xcel Diamond - ALL

1:30 pm – 1:50 pm Stretch
1:50 pm – 2:00 pm Warm up
2:00 pm – 4:00 pm Competition
Individual and Team awards to follow.