

2019 Florida USA Gymnastics Level 3 State Championships

The Ocean Center
101 N. Atlantic Ave
Daytona Beach, FL 32118



USA GYMNASTICS®

Florida

Saturday, December 14, 2019

Session One (73)

Gymnasts Born Between 11/23/2003 – 12/5/2008

8:00 - 8:20 General Stretch

8:20 - 8:30 Timed Warm-up

8:30 - 11:00 Competition

Individual Awards to follow.

Session Two (73)

Gymnasts Born Between 12/6/2008 – 10/10/2009

11:00 - 11:20 General Stretch

11:20 - 11:30 Timed Warm-up

11:30 - 2:00 Competition

Individual Awards to follow.

Session Three (73)

Gymnasts Born Between 10/11/2009 – 6/2/2010

2:00 - 2:20 General Stretch

2:20 - 2:30 Timed Warm-up

2:30 - 5:00 Competition

Individual Awards to follow.

Session Four (72)

Gymnasts Born Between 6/3/2010 – 12/23/2010

5:00 - 5:20 General Stretch

5:20 - 5:30 Timed Warm-up

5:30 - 7:45 Competition

Individual Awards to follow.

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Sunday, December 15, 2019

Session Five (73)

Gymnasts Born Between 12/24/2010 – 8/30/2011

8:00 - 8:20 General Stretch

8:20 - 8:30 Timed Warm-up

8:30 - 11:00 Competition

Individual Awards to follow.

Session Six (71)

Gymnasts Born Between 8/31/2011 – 6/5/2013

11:00 - 11:20 General Stretch

11:20 - 11:30 Timed Warm-up

11:30 - 1:45 Competition

Individual and Team Awards to follow.